



iCPS Diabetes Europe

Roundtable 2019

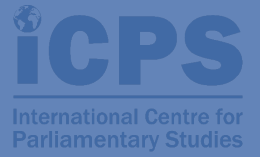


Wednesday, 8th May 2019

10:00 am to 3:45 pm

Hotel Pullman Brussels Centre Midi

 [#iCPSroundtables](#)





On behalf of the International Centre for Parliamentary Studies, I would like to welcome you to the iCPS Diabetes Europe Roundtable, here in Brussels, the heart of policy in the European Union.

I would like to express my gratitude to the European Commission, Member State representatives and other key stakeholders within the European diabetes community attending today.

Over the years iCPS has endeavored to provide a platform for policy makers, national representatives, patient groups, academic experts, practitioners, patient groups and industry from across the European Union to come together to discuss the key challenges and opportunities in the field of healthcare. We actively promote and encourage a multi-stakeholder inclusive set of recommendations on improving the health of patients suffering from Europe's most prevalent diseases, such as diabetes, cardiovascular and metabolic diseases, cancer, infectious diseases and mental disorders.

Today, we come together to evaluate the progress made toward conquering diabetes in Europe and examine current policy guidelines and strategies to support member states in managing and caring for EU citizens with this devastating disease.

According to IDF, diabetes affects around 382 million people worldwide. In Europe, prevalence estimates now stand at 8.5% of the population aged between 20 and 79 years – meaning that 56.3 million people are living with diabetes in the whole of Europe. This is forecast to rise to 68.9 million by 2035.

To reverse this trend, it is pertinent to tackle the persisting gaps and missed opportunities in the EU battle against diabetes. The basis for such an action lies in an objective and factual assessment of the situation.

Diabetes is becoming a public health crisis due to unhealthy diet, physical inactivity and increases in obesity levels. If those affected by diabetes do not correctly manage their condition, they are likely to become progressively ill and debilitated, and over time diabetes can damage the heart, blood vessels, kidneys, eyes and nerves.

We have the opportunity to do something. Education at the point of diagnosis is crucial as that is when the shock level is highest, and people are more likely to make dramatic changes to lifestyle.

During the roundtable, we will examine the ongoing challenges in managing diabetes more effectively and explore practical solutions in order to reach an EU-wide consensus and implement a forward action plan.

We encourage you to join in and participate during the discussions in order to 'stress test' suggestions and solutions. Notes will also be taken today and form part of an Overview, featuring within a Diabetes Report which will be published in the Government Gazette, the quarterly European policy publication.

At the end of the roundtable, you will be invited to share your recommendations by submitting a contribution within the Diabetes Report, details of which are on page 9. The report will act as the formal platform to communicate our recommendations. It will be delivered to European and member state policy makers within healthcare and specifically those with a vested interest in improving diabetes care.

Finally, I would like to thank Professor Philip Home who will chair this significant roundtable and help maximize the collective expertise here.

I hope you have a productive day and enjoy our networking lunch this afternoon.

Join the conversation on Twitter @GovtGazette

Sincerely,
Alexander Smith
Head of European Healthcare, iCPS

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The International Centre for Parliamentary Studies

The International Centre for Parliamentary Studies (iCPS) exists to promote effective policy making and good governance through better interaction between Parliaments, Governments and other stakeholders in society.

The Centre's primary focus is the empowerment of human capital through capacity building. To this effect, the Centre organises a range of training programmes, conferences, policy discussions and research projects to address current public policy issues in the United Kingdom, the European Union and on the international stage. These provide a forum for policy discussion, debate, networking and sharing of best practices.

iCPS publishes the *GOVERNMENT GAZETTE*, a quarterly publication that brings a unique and rounded perspective to the major issues of the day affecting good governance. Written for and read by eminent parliamentarians, academics and policy experts, *Government Gazette* is predominantly read by an elite circle of policymakers across Europe.

The Centre also offers international consultancy services across a range of areas, including electoral affairs, regulation, governance, public sector reform, health and security.

It operates from its head office in United Kingdom and has regional offices in Belgium, United States and Mauritius. It has a large team of public policy researchers, training experts and internationally renowned speakers.

Past Speakers & Contributors



Vytenis Andriukaitis
European Commissioner for
Health and Food Safety



Alojz Peterle MEP
President, MEPs Against Cancer,
European Parliament



Karin Kadenbach MEP
Member of the European
Parliament



John Dalli
Former European Commissioner
for Health and Consumer Policy



Lieve Wierinck MEP
Member of the European
Parliament



Miriam Dalli MEP
Member of the European
Parliament



Magdy Martínez-Solimán
Assistant Secretary-General,
United Nations



Viviane Reding
Former Vice-president for Justice,
Fundamental rights and Citizenship



Cecilia Malmström
European Commissioner for Trade



David Cameron
Former UK Prime Minister



Gunther Oettinger
Former European Commissioner
for Digital Economy & Society



Helle Thorning-Schmidt
Former Danish Prime Minister

Chair and Presenter's Biography



Prof. Philip Home

Professor, Institute of Cellular Medicine - Newcastle University, United Kingdom
Chair of the Diabetes Europe Roundtable 2019

Trained in medicine at Oxford University and Guy's Hospital, Prof. Philip Home is a Professor of Diabetes Medicine at the Institute of Cellular Medicine - Newcastle University, UK. He practised in diabetes care and disorders of lipid metabolism at the Newcastle Diabetes Centre and at the Newcastle Hospitals until end 2011.

With a background in pharmacology and medicine, he was part of the external panel of the Committee of Safety of Medicines (UK) and later the MHRA. Subsequently, he was the Vice-chairman of the Appraisal Committee of the National Institute for Clinical Excellence (UK) (2000-2011). He has given evidence at Federal Drugs Administration (USA) hearings and advised EMA on diabetes medication regulation.

In the United Kingdom, Prof. Home has been Chairman of the Joint Royal College of Physicians/Specialist Societies' Endocrinology and Diabetes Committee, and was Senior Scientific Advisor to the UK Type 2 Diabetes guidelines Initiative.

He was the former Editor of Diabetic Medicine and IDFs Diabetes Voice. He has twice served in editorial boards of the monthly peer-reviewed journal, Diabetes Care and has advised several other international diabetes journals.

He has assisted in diabetes developments in many countries, including the states of Central Asia, Kuwait and other countries in connection with national diabetes programmes, and has been involved in teaching and/or diabetes care provision in countries as diverse as China, Paraguay, Malta, Russia, India, Indonesia, Pakistan, and Australia.



Prof. Dr. Sehnaz Karadeniz

Regional Chair, IDF Europe

An ophthalmologist, Sehnaz has been actively involved in the field of diabetes for the past 20 years in a series of medical, scientific, and social projects both at national and international levels.

She is the Founding Member and Member of the Board of Trustees of the Turkish Diabetes Foundation (TURKDIAB), which was established in 1996. She served as the President of the Living with Diabetes Association, a nationwide patients' organisation, between the years 2004-2007, and as a Board Member between 2008-2014 for Association development.

Dr. Karadeniz joined the board of International Diabetes Federation European Region (IDF Europe) in 2007, and acts as the Chair of IDF European Region as of Dec. 2015. She is also a Council Member of EASD for the term 2014-2017.

Presenters' Biographies



Dr. Miguel Lizaso

Scientific Officer in charge of diabetes and obesity research,
European Commission (DG RTG)

Dr. Miguel Lizaso has been the Scientific Project Officer in the Directorate-General for Research and Innovation, in the Non communicable diseases and the challenge of healthy ageing Unit, since 2012.

He contributes to the technical orientation and development of relevant policies in the field of research for non-communicable diseases. He also assists in the implementation of EC research programmes by managing projects of the directorate Health. He is focused in the field of diabetes and obesity research, including research for disease management, control and prevention, across a broad range from basic research to implementation.

Before joining the European Commission, he worked for a Regional Public Administration in Spain as Public Health Inspector. He also has extensive experience in the field of Food and Nutrition. Dr. Lizaso has a Degree in Veterinary Science and an MBA from the University of Saragossa, Spain.



Prof. John Nolan

Executive Director, European Diabetes Forum (EUDF)

Prof. John Nolan is Professor of Endocrinology & Metabolism (adjunct) at Trinity College Dublin and leads the European Diabetes Forum, launched in 2018.

His career has included faculty appointments at the University of California San Diego and the University of Copenhagen. From 2011-2016 John Nolan was CEO and Head of the Steno Diabetes Center in Copenhagen.

He is a member of a new taskforce of the American Diabetes Association focused on Precision Medicine.



Chris J. Delicata

Chair, European Coalition for Diabetes

Chris J. Delicata, is actively involved in advocating for the Diabetes cause, both locally and internationally.

From 2003 until 2015, he was actively involved with the International Diabetes Federation serving a four-year term as President of the European Region of the International Diabetes Federation (IDF-Europe) for the period 2008-2012 and Vice President of the International Diabetes Federation for three years during the period 2013 to 2015.

He was a founding member of the European Coalition for Diabetes since 2009 and still serves as Chairman to date.

In 2019, he was appointed as a trustee of the Alliance for European Diabetes Research (EURADIA).

He is also Co-Chair of the Parliamentary Diabetes Global Network (PDGN).

On a local level, Mr. Delicata has been actively involved in the Maltese Diabetes Association since 2001 and is currently President of the Association.

Programme

Chair: Prof. Philip Home, Institute of Cellular Medicine - Newcastle University, UK

09:30 – 10:00 Registration and Morning Coffee

10:00 – 11:30 **Session I: Analysing the Current Policy Framework of Diabetes in the EU and Member States**

- Welcome address by **Alexander Smith**, Head of European Healthcare, **ICPS**
- Opening of Roundtable by **Prof. Philip Home**, Chair
- Viewpoint by **Dr. Miguel Lizaso**, Scientific Officer in charge of diabetes and obesity research, **European Commission (DG RTD)**
- Viewpoint by **Prof. Dr. Sehnaz Karadeniz**, Regional Chair, **IDF Europe**
- “Are National Diabetes plans effective on a national level?” by **Chris J. Delicata**, Chair, **European Coalition for Diabetes**
- Measuring the success of current EU-wide policies and national diabetes plans
- Improving societal engagement and public attitudes in prevention and detection of diabetes
- Collaborating with the food and other relevant industries to develop a conceptual framework for prevention

11:30 – 11:45 Group Photo and Coffee Break

11:45 – 13:00 **Session II: Improving Diagnosis, Patient Treatment and Care**

- “Improving diabetes outcomes: a multi-stakeholder approach in Europe,” by **Prof. John Nolan**, Executive Director, **European Diabetes Forum**
- Fostering multidisciplinary, systematic and personalised treatment for people with diabetes
- Managing diabetes for the youth and elderly
- What cost control measures can be implemented without limiting quality of treatment?
- Diabetes self-management: education and support in Type 2 Diabetes
- Educational awareness centres: schools, workplaces, and food industry (labelling and advertising)
- How can we improve early diagnosis of complications related to diabetes to improve long term outcomes?
- Rights and responsibilities for people with diabetes

13:00 – 14:00 Networking Lunch

14:00 – 15:15 **Session III: Fostering Research, Innovation and Drugs Development**

- Latest advances in diabetes research and clinical practice: Bridging gaps between clinical reality and guidelines
- Centralising and improving patient data collection
- Efficient regulation to embrace innovation
- Multi-stakeholder involvement – how can we facilitate this?

15:15 – 15:45 **Recommendations and Close of Roundtable**

- Recommendations for policy makers, governments and key stakeholders to support an EU-wide strategy : tour de table of each participant’s final recommendation for the Diabetes Report
- Chair’s closing remarks

List of Participants

No.	Organisation	Name	Job Title	Country
1	Albanian Diabetes Association	Dr. Florian Toti	Professor	Albania
2	Alliance for European Diabetes Research (EURADIA)	Sarah Hills	Executive Director	United Kingdom
3	Austrian Diabetes Society (ÖDG)	Prof. Dr. Raimund Weitgasser	Expert	Austria
4	Barrington's Hospital Limerick	Dr. Mary Ryan	Consultant Endocrinologist	Ireland
5	Bayer	Dr. Robin Wegener	Head of Medical Affairs, Europe	Germany
6	Bulgarian Diabetes Association	Maya Victorova	President	Bulgaria
7	Diabetes Liga vzw	Frederik Muylle	Manager Informatie	Belgium
8	Diabetes Liga vzw	Paul Deleye	Algemeen Direceteur	Belgium
9	European Commission	Dr. Miguel Lizaso	Scientific Officer (Diabetes and Obesity Research)	Belgium
10	European Diabetes Forum (EUDF)	Prof. John Nolan	Executive Director	Germany
11	European Diabetes Working Party for Older People (EDWPOP)	Prof. Alan Sinclair	Chair	United Kingdom
12	Foundation of European Nurses in Diabetes (FEND)	Anne-Marie Felton	President	United Kingdom

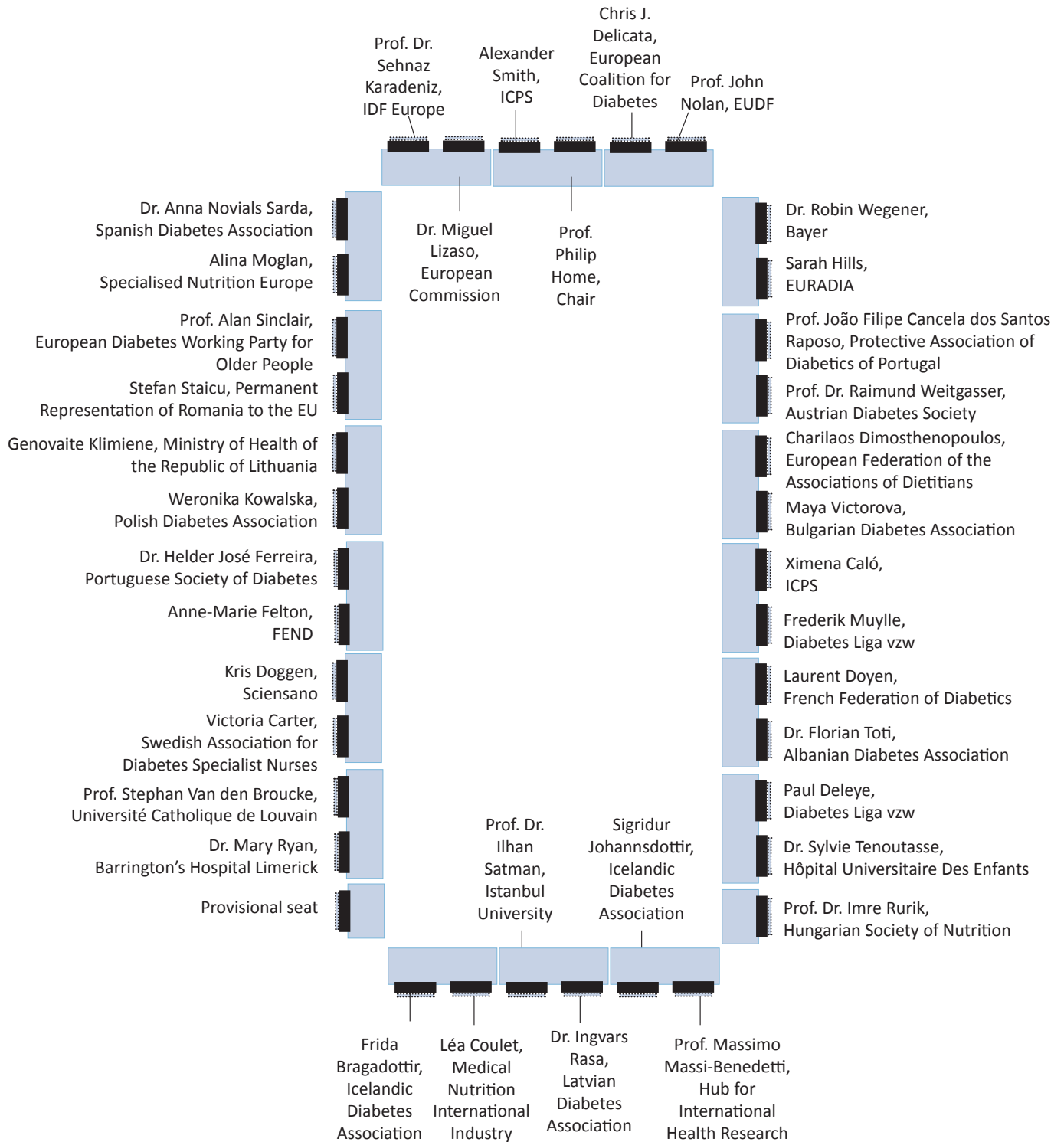
List of Participants

No.	Organisation	Name	Job Title	Country
13	French Federation of Diabetics	Laurent Doyen	Member of Executive Board, International Affairs	France
14	Hôpital Universitaire Des Enfants	Dr. Sylvie Tenoutasse	Chef de Clinique	Belgium
15	Hub for International Health Research (HIRS)	Prof. Massimo Massi-Benedetti	President	Italy
16	Icelandic Diabetes Association	Frida Bragadottir	CEO	Iceland
17	Icelandic Diabetes Association	Sigridur Johannsdottir	President	Iceland
18	Institute of Cellular Medicine, Newcastle University	Prof. Philip Home	Professor of Diabetes Medicine	United Kingdom
19	International Diabetes Federation Europe (IDF Europe)	Prof. Dr. Sehnaz Karadeniz	Regional Chair Europe	Belgium
20	European Federation of the Associations of Dietitians (EFAD) / Laiko General Hospital of Athens-Greece	Charilaos Dimosthenopoulos	Lead of European Specialist Dietetic Network (ESDN) / Chief Dietitian	Greece
21	Latvian Diabetes Association	Dr. Ingvars Rasa	President	Latvia
22	Maltese Diabetes Association / European Coalition for Diabetes	Chris J. Delicata	President / Chair	Malta
23	Medical Nutrition International Industry (MINI)	Léa Coulet	Executive Director	Belgium

List of Participants

No.	Organisation	Name	Job Title	Country
24	Ministry of Health of the Republic of Lithuania	Genovaite Klimiene	Advisor	Lithuania
25	Permanent Representation of Romania to the EU	Stefan Staicu	Health Attaché	Belgium
26	Polish Diabetes Association	Weronika Kowalska	Representative	Poland
27	Portuguese Society of Diabetes	Dr. Helder José Ferreira	Vice-Presidente	Portugal
28	Istanbul University	Prof. Dr. Ilhan Satman	Professor	Turkey
29	Protective Association of Diabetics of Portugal (APDP)	Prof. João Filipe Cancela dos Santos Raposo	Clinical Director	Portugal
30	Sciensano	Kris Doggen	Head of Health Services Research Unit	Belgium
31	Spanish Diabetes Association	Dr. Anna Novials Sarda	President	Spain
32	Specialised Nutrition Europe	Alina Moglan	Regulatory and Scientific Manager	Belgium
33	Swedish Association for Diabetes Specialist Nurses (SFSD)	Victoria Carter	Diabetes Nurse	Sweden
34	Université Catholique de Louvain	Prof. Stephan Van den Broucke	Professor	Belgium
35	Hungarian Society of Nutrition / University of Debrecen	Prof. Dr. Imre Rurik	President / Full Professor	Hungary

Seating Plan



GOVERNMENT GAZETTE

Recommendations to reshape policy making

DIABETES REPORT

As the official media partner of the iCPS Diabetes Europe Roundtable 2019, GOVERNMENT GAZETTE will publish an exclusive DIABETES REPORT in October 2019, analysing current policy guidelines and strategies to support member states in diagnosing, treating and caring for EU citizens with diabetes and including perspectives from health professionals, industry leaders and academics. Key challenges will be highlighted and recommendations will be included to support policy making.

As a participant of the Roundtable, we invite you to contribute within the DIABETES REPORT. This can include your viewpoints or recommendations regarding current policies on prevention, education, screening, treatment, care or research relating to diabetes within Europe. The precise focus of the article could be on any aspect of management of diabetes within the European Union, that you may currently wish to focus on or draw attention to.

Please send your contributions to submissions@governmentgazette.co.uk by Monday, 17th of June 2019 with a maximum word count of 800 words. Please be advised that your contribution will be published in the print, online and digital editions of Government Gazette.

GOVERNMENT GAZETTE provides politically neutral and objective coverage of all leading institutions and policy makers in the European Union. The standard of excellence has made it a place where parliamentarians, policy shapers and eminent thought leaders turn to express their views within their extended policy circles. The magazine enables informed policy making by encouraging an open debate on a range of timely policy issues, triggering active participation from policy shapers, activists and lobbyists; and creating readily-usable content for discerning decision-makers.

GOVERNMENT GAZETTE has a strong print readership of over 7,500 within the European Union. The DIABETES REPORT is targeted at our influential readership that includes all MEPs, senior members of the EU Commission, senior officials in the European Council, all senior executives within European Medicines Agency, senior executives at European Health Product Agencies, all European Healthcare Payers, HTAs, National Diabetes Officers, Health Ministers and Medical Officers of the 28 EU Member States. The Report is also read by senior decision makers and academics in major healthcare research institutions, medical societies, patient groups and businesses across Europe. The Report is also read by medical societies, patient groups, senior decision makers and academics in major healthcare research institutions and businesses across Europe.

We look forward to receiving your contribution.

Janani Krishnaswamy
Commissioning Editor, Government Gazette



iCPS Staff Contact Details

Alexander Smith

Head of European Healthcare

alexander.smith@parlicentre.org

Ximena Caló

International Event Coordinator

ximena.calo@parlicentre.org

Janani Krishnaswamy

Commissioning Editor, Government Gazette

janani.krishnaswamy@governmentgazette.co.uk

Previous Participating Organisations

